Notes from Atmos & ArrowStar 04/11/2016

- Atmos contacted ArrowStar both getting ready to meditate for the evening.
- Grounded all Chakras, were introduced to their Amulets of Light. Atmos was being guided by
 Michael and ArrowStar by Stotherian. Atmos had his in the training grounds part of his
 training room stuck in the ground hung around a piece of wood and ArrowStar had his in an
 open glass box next to his armor holder.
- Both were told to head to the stairs of the Kingdom of Heaven. Approached by Michael who
 informed them "This is going to feel a lot like Hell, so be prepared". Gathered their three
 legions each and lined them up outside the Kingdom.
- Spiritually then went to the outside of the Horn's house. Atmos checked the outside properties around the Horn's while ArrowStar checked inside the house Pogging each individual room to try and find something.
- While outside Atmos discovered a large dark tube extending from the 2nd floor of the Horns home to their neighbors. He removed this tube. He then found a portal in the front lawn of the neighbor's property adjacent to the Horns home. He realized that the Horns home was so well protected that Satan's souls had to find a different way into the home. They came in through the neighbor's house and in through the 2nd floor portal that was removed.
- In the meantime, ArrowStar was attempting to find dark souls in the house or something demonic but nothing was found. ArrowStar went back outside to help Atmos move the portal out of the area and onto the South Pole.
- Both then focused in when inside the house to try and located Tom. They found him upstairs in
 his study but Tom was not fully visible. He looked as if someone shaded him darker like if he
 were behind a tree on a sunny day.
- Both ArrowStar and Atmos tried to POG the room Tom was in to no avail, it just dissipated.
 They then stepped outside the room Pogged at the same time. Then they both decided to build a golden cage around it instead and then put a POG shield up.
- Both then held hands once back in the room held the Amulets of Light up to their eyes and Pogged to find an entity tendril attached to Tom's neck.
- ArrowStar then left to go down the entity tendril. As he did so Atmos stayed back to hold space in the room that they had cleared. While holding space Atmos could feel an increasing pressure inside the room. Soon millions of Souls started attacking the POG shield and cage to try and break in. Legions of Angels started fighting off the souls as Atmos held space. They would later find out that over ½ the Legions were destroyed by the souls trying to defend the room (Father restored them after the whole episode).

- While Atmos was holding space back in Tom's room, ArrowStar followed the tendril down the road from the Horn's house and brought a subsect of a legion (1500 angels).
- Heading down he eventually found the entity. The entity looked like a combination of a lion and a scorpion. The angels and ArrowStar Pogged the beast several times until it collapsed. He and the angels then collectively cut the head off and it slumped down not fully disappearing, that is when his lead handed him a flag with the church emblem on it and he thrusted the flag through the entity which then exploded with light claiming it in Father's name.
- Atmos knew the minute the entity was destroyed when the room filled with light and all the souls fled in fear. The pressure was relieved and the room finally felt clear.
- Atmos was told by Michael that Tom needed his oasis, the first being the church he regularly attended and the second his home. Atmos and ArrowStar then decided to break up the duties. Atmos went to the church where he found a portal in the basement which is why Tom was even able to enter the actual church building. The portal was moved immediately and the entire property cleared. Michael assigned legions of Angels behind to guard the church. Atmos created a golden cage around the entire church property and put a POG shield around it.
- While Atmos was at the church, ArrowStar thought it would be best to thicken the POG shield around Tom's cage in his study. After that he went outside and let out a PGG blast that would cover ten miles in all directions of the Horn's house. Once this was finished both Atmos and ArrowStar returned outside to the front of the house.
- Atmos went onto the neighbor's lawn (the one with the portal) and planted another flag in Father's name claiming that land as well.
- They both entered Tom's study again to see Tom still not fully visible. He looked like heat waves were on top of him like those coming off a car in summer. Both agreed it would be best to ground Tom and give him a healing. Atmos started at the top and ArrowStar on the bottom then they would meet at the heart chakra.
- After, Tom became clear to them both. They saw a 10-year-old boy with a choke hold on Tom, he was trying with all his might to kill Tom. The soul was promptly removed but not killed.
- Both Atmos and ArrowStar then gently Pogged Tom and his space. They decided to do this gently because of the injuries sustained from the soul attached to him.
- Near the end, they then expanded the golden cage around the study to encompass the entire
 house and overlying property. They then Pogged the top half of the shield to reflect an opaque
 style where near the bottom was still clear. The reason is due to more privacy and protection.
 Atmos and ArrowStar did the same instance to the study itself.
- Lastly, Atmos and ArrowStar returned to the chamber where Father then informed them of a job well done and to "expect more cooperation in the future".

Notes from Andrew Horn 04/12/2016 (* denotes Edited by Atmos & ArrowStar)

These notes are in point form. I tried to pick up and remember all that I could.

- Atmos and ArrowStar spent roughly 1.5 hours working on Dad
- Raphael and Michael came and said that they were there to support *(only and were not meant to be used in the sense of battle, advice, etc...)
- Jesus said that this would be as close to real life (not training) as they would get
- Facilitated healing
 - o Most in-depth
- Wanted to make house and church an oasis.
 - o Found something close to Satan in the basement of the house *(Unsure what entity was, it was however bound and removed from the property)
- Checked dad's aura found craters and holes *(repaired as necessary)
- Grounded Chakras and had angels guard space
- When they went into Dad this time, all souls that they found were trying to hide
- Put energy pools in all chakras
 - o Dad's used to feeling bad and these will help refill the energy quicker
- Put POG shield and all chakras into a golden cage *(placed individual golden cage around each Chakra)
- Jobs/purpose
 - o Sins were forgiven through Apostle Orlofski
 - o Demons were destroyed by Triland
 - o Atmos and ArrowStar along with healing masters came in to fix, clean up and heal.

*(remove souls)

- Satan tortured Dad again because it wasn't unexpected
 - o Satan was in a comfort spot doing it

1st Chakra

- Looked like a field with grass. Saw dad, but he couldn't move
 - o When they analyzed further, they noticed that the grass was actually tons of souls
 - Every time they would cut dad free, he would take a few steps forward and then get held down again, so they put dad into and protected cage. *(There was a struggle with Atmos and ArrowStar where they had to work together to cut and then move Tom himself into the cage)
 - o Killed all souls after they denied the chance to be saved *(Millions destroyed)
- Afterwards the ground looked like an open sore Like a forest after a fire
 - Jesus then came in, touched the ground and healed it *(Only His love and healing power could help here)
- Healing masters then spread seed over the area
 - It budded and Dad was able to touch it. Not feeling grass in a while he said, "Wow."
 *(Tom hasn't felt true happiness in a while and therefore felt peace for once)
- Atmos and ArrowStar then planted a tree, started a fire, put the North Star and calling card?
 *(This was to help create a sense of home/comfort and the fire, tree, and North star are the calling cards)
 Put up POG shield and golden cage

2nd Chakra

- Received biggest POG shield *(This is actually for the first Chakra. As this was the base and foundation of Tom's life they felt it necessary. As well Atmos and ArrowStar did this due to the amount of stress this Chakra was under)
- When they entered it was all orange Fog like
 - o When they tried to POG and blow the fog away, it just came back
- Lots of dead wood
- Put Amulet of Light up and saw souls hiding *(Found that placing amulet on helmet made it into a visor for the helmet so holding was no longer necessary)
 - Searched and found portal Sent it to the moon (Note Don't become and astronaut)
 *(Atmos & ArrowStar love this note)
 - o Killed all souls
- Healing masters came in and cleaned up
- Took the longest as they didn't know what was with the orange fog *(Atmos & ArrowStar were told that they would receive no outside assistance as this was "for real")
- Put up a POG shield and golden cage

3rd Chakra

- One pathway was decided *(One path was found as Tom knows who and what he is and his direction in life and the path literally ended into nothing as his life has been on hold)
 - o Parts would drop off into nothing *(Killed souls Not many; maybe a handful)
- Put up a POG shield and golden cage

4th Chakra

- Like a small planet; this was the biggest Chakra so far
- Looked normal *(At a first glance)
- Huge oak tree that had leaves on it Each one was a relationship *(Atmos explained that
 this was at the forefront due to relationships being an outward way of loving
 someone)
 - o Didn't really have any dead leaves on the ground (represents relationships that he ended/ gave up on)
 - Dad doesn't give up on many people
- Cave had a dim light that was hot Like embers at the end of a fire *(This was at the back
 of the Chakra as is where you hold in love and take it into yourself)
- Looked like it was going to storm on the end ArrowStar was on *(The entire Chakra looked like this)
- Took a line of angels and walked from one end to the other and cleared the chakra *(Atmos started at the front and ArrowStar started in the back and they walked with outstretched Legions in each other's direction)
 - o Found a few souls, removed them
- Then both Pogged creating a massive explosion that cleared everything *(Pogged towards
 one another the combined POG then went upward wrapping around the sky
 clearing the air)
 - o Left it sunny
- Healing Masters came in and cleaned up
- Put up a POG shield and golden cage

5th Chakra

- Dark, rundown back alley Didn't look right *(This contrasted with the themes of nature so Atmos and ArrowStar received an impression to change this Chakra)
 - o POG nuked it and cleared everything out
 - Expanded the Chakra a bit *(Tom is a quiet man already so they did not expand the Chakra too much)
- Found boarded up walls at one end
 - o Knocked them down and pieces fell into tube and disintegrated *(The energy pattern was not right, ArrowStar found and removed them to clean the pattern up restoring the energy flow of the river leading down to all other Chakras)
- Healing Masters cleaned up
- Put up a POG shield and golden cage

6th Chakra

- Lots of rubble Looked like the aftermath of a warzone
 - Healing masters cleaned up *(This included rebuilding the house itself, cleaning, and removing blocked off parts of the house)
- Atmos looked under the house as some of the ground was loose
 - o Found many souls hidden in the dirt *(clustered in normal bodied size, looked like hundreds within several yards of one another)
 - Killed them all
 - o Also found a portal under the house*(Souls were using to come through
 - Had depth to it
 - Dug/pushed in, tied it up like a garbage bag and then threw it into space *(Still thinking of becoming an Astronaut?) *(perfection)
- ArrowStar found a portal along the coast and cliff
 - o Spitting out many souls
 - o Threw that one into Jupiter (Note: Definitely don't become an astronaut) *(Hilarious)
- Jesus came in and expanded/added additions to Dad's house *(Well He WAS a carpenter!)
- Healing Masters cleaned everything
 - o House was repaired
- Put up a POG shield and golden cage

7th Chakra

- Rocks blocking *(This applies to both the 6th Chakra and 7th Chakra, they are not mutually exclusive)
 - o Cleared out and reconnected Chakras like a flowing river
- Went outside of 7th, both made a "V" and blasted light *(The connection to Father was reopened fully which caused an explosion of white light)
- Father came, smiled and said well-done *(Team Triland)
- Through Atmos and ArrowStar, Father gave dad a new energy
 - Powerful *(new energy)
 - Seemed heavy at first Like a very dense liquid *(non-Newtonian fluid if some are familiar, this is where it is solid but liquid at the same time depending on pressure)
 - o Father had both watch the energy flow down through all the chakras *(and then trace the path of energy back through all the Chakras to insure success)
- Both then place their hands on the front and back of Dad's head *(ArrowStar did this before going in, however to seal the deal both Atmos and ArrowStar needed to do this at the same time)
 - o Invoked the trinity
 - o Got rid of any evil, curses, etc. that MIGHT have been left
 - o Gave peace and love