

Prep and Process for giving a Quantum Energy Healing

PREPERATION

- 1) Pray and ask Father to help you.
- 2) Make sure your breath is fresh.
- 3) Get into the center of your mind, ground all 7 of your chakras, pull your aura in around you. Protect your space with roses and a POG shield.
- 4) Plug your Healing team into both of your hands or just your Healing Surgeon (HS) into your right hand.
- 5) Tell your protection team to bind and sweep and hold space for you.
- 6) Have your Healing team or just your HS ground the room that you are giving the healing in.

HEALING PROCESS

- 1) Prepare the Healee for the Healing by explaining our process. Energy, chakra's their space and so on...
- 2) Ask them if they would like a healing.
- 3) Stand off to their right side. Put your right hand in front of them and your left hand behind them. Have them take deep breaths, have your team or just your HS ground all 7 of their chakras. **MAKE SURE YOU TOO ARE BREATHING AS THEY BREATHE.**
- 4) Now take a step back from them and ground their aura and then POG gently to remove anything evil in their aura. You can walk around them if you choose to.
- 5) Run energy through their lower channels by standing in front of them with your palms up pointing your palms towards their legs.
- 6) Run energy through their upper channels by placing your right hand above their head and your left hand behind them. As you are doing this now realign their chakras by telling them to take a deep breath, then push your right hand down and your left hand in towards their back.
- 7) Now start with **Chakra #1** – Run energy through it. Tell them to take deep breaths. Share with them what this center holds (The color, foundation of your life and so on). If you get an impressions share it with them. **Don't forget to encourage them to write letters and burn them if needed through the whole healing process.**
- 8) Now go through the next **5 Chakras** doing the same thing.
- 9) When you get to the **6th Chakra**, after running energy through them and sharing any info. You will now tell them you will place your right hand on their forehead and your left hand behind their neck. Tell them you are running energy directly through their physical body. Tell them to take a deep breath. As they breathe you will release the POG gently through your right hand and say to yourself in your mind, "I heal you in Father's name". Continue to have them breathe and you POG until you feel this step is complete.
- 10) **Chakra 7** – Now step behind them and hold both of your hands above their head in the shape of a "V". Tell them to take a deep breath, again tell them what this center holds, (This is how we connect to Father and so on). Make a connection with Father by creating a pathway to Him from them and connect it to their chakra. Share with them anything Father says.
- 11) Now step to their left side and hold both of your hands above them. Tell them you will now fill them back up with their own energy. Find/Feel their energy that has been collected during the healing above them. Tell them to breath deep and then turn your hands palms down and pour their energy back into their space. Continue to have them breathe deep. Step in front of them and gently POG them one more time concentrating on their entire space including their aura. If you spend more time in a Chakra hold your hand in front of it and fill it with more of their energy and you too can POG them some more. Continue to ask them to breath deep.
- 12) Now tell them you are finished.
- 13) Sit down in front of them or to the side of them and remain silent until they look at you. Ask them how they feel and then sit there and let them talk the rest of the energy healing out of them. Counsel if necessary.
- 14) As they talk to you fill yourself back up with your own energy.
- 15) Tell them you will contact them in a few days to see how they are doing. Then ask if they would be interested in learning how to meditate. If yes explain it to them and schedule another appointment so you can teach them. Or let me know and we can plan a class together where you hold it and I will assist you.