

Your Aura-The 7 Layers

The First Layer is called the “ETHERIC BODY” it is connected to the “ROOT” chakra

Location: ¼ of an inch to two inches from the body.

Central needs: It relates to our health, basic survival and the security of your physical body.

The Second Layer is called the “EMOTIONAL BODY” it is connected to the “Belly” or “Sacral” chakra

Location: One inch to six inches from the body.

Central needs: It relates to our emotions. Those we feel inside us and from others.

The Third Layer is called the “MENTAL BODY” it is connected to the “SOLAR PLEXUS” chakra

Location: Two inches to three inches from second layer.

Central needs: It relates to beliefs, understanding, thoughts and attitude.

The Fourth Layer is called the “ASTRAL LAYER” it is connected to the “HEART” chakra

Location: One foot from the body.

Central needs: It relates to love and relationships with yourself, others and God.

The Fifth Layer is called the “ETHERIC TEMPLATE” or “ATMIC LAYER” it is connected to the “THROAT” chakra

Location: Two and a half feet from the body.

Central needs: It relates to speech, communication and our own will.

The SIXTH Layer is called the “CELESTIAL BODY” it is connected to the “THIRD EYE” chakra

Location: Two to three feet from the body.

Central needs: It relates to clairvoyance (clear-seeing) self awareness and a spiritual awareness of God

The SEVENTH Layer is called “KETHERIC” or “COSMIC” it is connected to the “CROWN” chakra

Location: Three to four feet from the body.

Central needs: It relates to a closer connection with the Divine, our higher self (your own spirit) and spiritual information.